

Dear RRPS Concurrent Student:

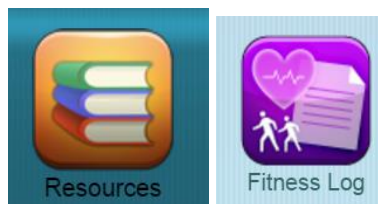
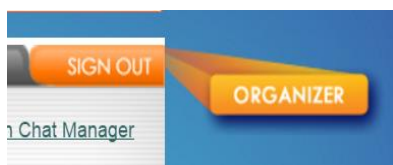
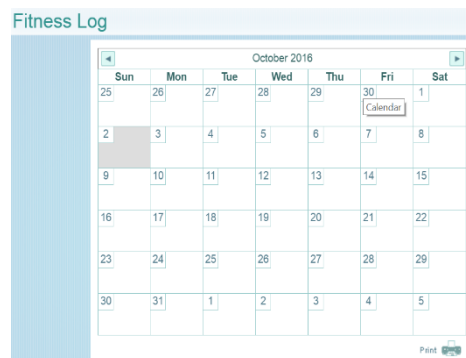
Physical Education A and/or B requirements as a concurrent student with RRCA fall into three areas of the class:

- 1) Curriculum content given to the student in Edgenuity for part A of PE is 19 lessons plus the final exam and part B of PE 24 is lessons plus the final exam; and finally,
- 2) Log 60 hours **or more** into the Edgenuity Fitness Log: stretching, cardio or strength training. 60 plus hours is required per half credit. 120+ hours for the entire PE A/B class enrollment.

Curriculum is found within the Edgenuity online program. To access the program, go to www.edgenuity.com and click on the "login" button in the upper right corner. Then select "student" to access the login screen where you will enter you specific username and password provided to you.

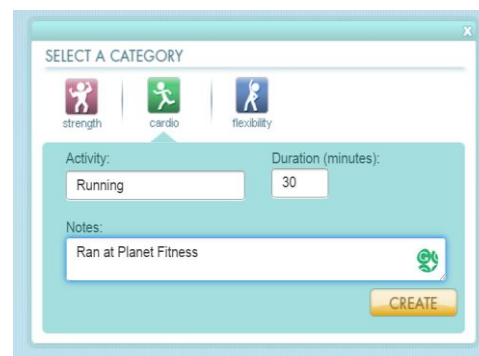
When you log in you will see PE A and/or PE B in the Edgenuity program.

- (1) If you are new to Edgenuity - watch the video
- (2) To start working click on your class name
- (3) Next click on "Next Activity"
- (4) Work through the lessons in the course
- (5) Final exams must be proctored by a counselor, teacher, EA, coach or administrator



To add hours into your fitness log

- (1) Click on Organizer
- (2) Then Resources
- (3) Select Fitness Log
- (4) Record your minutes and the type of activity
 - a. Strength
 - b. Cardio
 - c. Flexibility



Make sure the total minutes equal **or exceed** the 60 plus hours. Hint... go above a beyond for maximum points.

Email or call Heidi Kenworthy with any concerns - heidi.kenworthy@rrps.net; (505) 892-7222 X107. Stay fit!!!!